



Cascadia Community Care Alliance

Making the Most of Your Care

Getting medical care can be complicated. Cascadia Community Care Alliance is a program designed to make things simpler for Medicare beneficiaries like you. Doctors, other caregivers and medical centers in the Cascadia CCA work to keep you as healthy as possible. And when illnesses happen, they see that you get the right level of treatment as early as possible.

What Cascadia CCA participants say

There's no better way to explain the value of Cascadia CCA than in the true stories of people who have seen it work. Here are a few examples:

- Della went to the emergency room for injuries from a fall. Cascadia CCA helped her go to a nearby nursing facility instead of the hospital. Once back home, she got assistance from caregivers with everyday needs and support for her safety and well-being.
- Mark was admitted to the hospital for heart failure. Cascadia CCA made it possible for him to have in-home care when he got out. He also enrolled in a program that helped him to learn ways to manage his health.
- Teresa went into a rehab center. The facility was unable to pay for a high-cost medication she was taking. The Cascadia CCA team stepped in to make sure she could continue using her medicine during her stay there.

For these and others, being part of Cascadia CCA meant getting the care they needed and being able to go home sooner with greater peace of mind.

What Cascadia CCA Does

Cascadia CCA helps you get the right care in the right place at the right time. Being part of Cascadia CCA gives you access to things like:

- Care managers who can help you stay on track with doctor visits, paperwork and more.
- Home health services tailored to your needs.
- Nursing home care without first being required to stay in the hospital for three days or more.
- Priority scheduling for in-person visits with your medical team.
- Mental health care at your primary care office site.
- Fee-free use of PeaceHealth's Flourish program to help you manage chronic conditions.

Learn more at peacehealth.org/ccca

Featured Cascadia CCA Programs

At-Home Primary Care

If it's difficult for you to get out of the house, this program can help. Primary care doctors or other caregivers will come to your home for short-and long-term needs. It's currently offered in:

- Oregon in the greater Eugene area and Florence.
- Whatcom County in Washington state.

Care Management

If you have an ongoing condition, you might benefit from one or more of the following programs:

- **PeaceHealth Flourish** -this gives you 1:1 support to live well while managing ongoing health conditions.
- **Care Coordination** – if you see several different doctors or other caregivers, this helps promote clear communication among all who are caring for you.
- **Transition of Care** – if you're moving from one facility to another, this helps ensure a smooth handoff.

Resources to help you live better

- Whether you're healthy or sick, Cascadia CCA can help you connect with local services for:
- Financial resources
- Food assistance
- Transportation
- Personal and family safety
- Help with utilities

Find resources at:

[peacehealth.org/pages/patients-and-visitors/
community-resources](https://peacehealth.org/pages/patients-and-visitors/community-resources)

Cascadia CCA History

Cascadia CCA launched in 2021. As the program grows, we are on pace to serve more than 30,000 patients. The care team involved in Cascadia CCA includes PeaceHealth, community doctors or other caregivers, skilled nursing homes and home health agencies. We must meet national standards for high quality care to be part of Cascadia CCA. You may hear Cascadia CCA called an “accountable care organization” (ACO). This means we are part of a national effort to improve healthcare through new approaches and tools. Cascadia CCA is one of the first programs to offer Medicare services this way.

Cascadia Community Care Alliance Partners

- Aidan Senior Living at Reedsport
- Alderwood Park Health and Rehabilitation of Cascadia
- Alpha Home Health
- Americana Health and Rehabilitation Center
- Assured Home Health of Longview
- Avamere Rehabilitation of Eugene
- Beacon Hill Rehabilitation
- Bridge Crest Post Acute (formerly Discovery Nursing and Rehabilitation of Vancouver)
- Brookfield Health and Rehabilitation of Cascadia
- Christian Health Care Center
- Eden Home Care of Bellingham
- Eugene Gastroenterology Consultants, PC
- Kidney Care of Oregon
- Frontier Rehabilitation and Extended Care Center
- Highland Health & Rehabilitation of Cascadia
- Lacamas Creek Post Acute (formerly Prestige Care and Rehabilitation – Camas)
- Life Care Center of Skagit Valley
- Mt. Baker Care Center
- North Cascades Health and Rehabilitation Center
- Oregon Neurology
- PeaceHealth Medical Group
- PeaceHealth Sacred Heart Home Health
- PeaceHealth Southwest Home Health
- Rebound Orthopedics & Neurosurgery
- Regency Florence
- Salmon Creek Post-Acute & Rehabilitation
- Signature Healthcare at Home – Bellingham
- The Oaks at Timberline
- Women's Care
- Woodland Care Center

Public Reporting

Plan Year 2023 Performance

Quality Measures Performance

Medicare tracks quality by looking at hospital readmissions (returns to hospital care soon after being released from a hospital), unplanned hospital stays and timely follow-up after flare-ups of chronic conditions.

In 2023 (our third performance year) Medicare named Cascadia CCA as an exceptionally strong program. We ranked in the top 25% of the high-performers pool for this ACO REACH program, thanks to high-quality results such as:

Total quality score: 97.3%

Risk-Standardized, All-Condition Readmission (ACR) **score = 14.21**

A lower (↓) score indicates better performance.
Ranked 5th out of 132 ACO REACH programs

Risk-Standardized, All-Cause Unplanned Admissions for Patients with Multiple Chronic Conditions (UAMCC) **score = 30.30**

A lower (↓) score indicates better performance.

Timely Follow-Up After Acute Exacerbations of Chronic Conditions (TFU) **score = 68.69**

A higher (↑) score indicates better performance.

Shared Savings Information

One of the goals of the ACO REACH program is to enhance care for patients while lowering costs.

With our help, Medicare saved more than \$8 million compared to expected spending for Cascadia CCA patients in 2023. We were able to do this while delivering the same level of high-quality care you expect, and in some cases doing even better.

Medicare rewards exceptional results like this by sharing about half the savings with the Cascadia CCA

We received a net total of \$3,980,011. Cascadia CCA is investing more than \$1.5 million (or 38%) of these savings into making it easier to get care from us. This includes things such as better equipment, updated software, increased customer service support for scheduling/billing and more care managers. Our doctor or other care team groups will use portions of the remaining 62% savings — nearly \$2.5 million — to support excellent care in the communities we serve.

This means we can keep making your Medicare-paid services safer, more effective and less expensive.

How to Sign Up

Sign up online at [Medicare.gov](https://www.Medicare.gov) for additional no-cost health care services, or call **1-800-MEDICARE (1-800-633-4227)**.

Already a Cascadia CCA Member?

Call us at **1-833-838-6307** to learn about making the most of your benefits. For more answers to frequently asked questions, visit peacehealth.org/ccca

Please note: joining Cascadia CCA does not mean your Medicare benefits have changed. You can still go to any doctor or other caregiver or facility that accepts Medicare.